

EDUCATION

Presented by Chelsea Greczi, Public Education Coordinator

First Link™ Learning Series at the Alzheimer Society of Cambridge

Next Steps (Four Part Learning Series):

- Week 1 - Understanding Dementia
- Week 2 - Managing Day to Day Life and Setting up Supports (Part 1)
- Week 3 - Managing Day to Day Life and Setting up Supports (Part 2)
- Week 4 - Communication and Interaction

Mondays, September 12th, 19th, 26th, and October 3rd from 6 - 8 PM

Tuesdays, October 4th, 11th, 18th, and 25th from 6 - 8 PM

Wednesdays, November 2nd, 9th, 16th, 23rd from 2 - 4 PM

Care in the Later Stages - Advocacy, Presence and Staying Connected

Tuesday, November 29th, from 6 - 8 PM

Caring for Yourself while Giving Care to Another

Tuesday, December 6th. From 6 - 8 PM

Pre-Registration is Required: Contact (519) 650-1628 or education@alzheimercambridge.on.ca

Presentations at Cambridge Recreation 50+ Centres

W.G. Johnson Centre
Ted Wake Lounge
31 Kribs St., Cambridge
N3C 2L3
To register please
call (519) 654-9001

David Durward Centre
62 Dickson St. Cambridge
N1R 1T8
Non-members \$2.00
To register please call
(519) 740-4681 ext. 4634

Alan Reuter Centre
507 King St., Cambridge
N3H 3N4
Non-members \$2.00
To register, please call
(519) 653-8822

"I Have Alzheimer Disease"- A must-see film about the experience of living with Alzheimer's disease including symptoms, daily frustrations and tips for living well. Discussion to follow.

W.G. Johnson Centre Thursday, September 8th, 2011 from 1- 2 PM

Allan Reuter Centre Thursday, September 15th, 2011 from 1 - 2 PM

David Durward Centre Thursday, October 13th, 2011 from 1 - 2 PM

Learning About Memory Loss - An informal talk for people who are worried about their memory or have symptoms of memory loss, and those who would like to know more about the difference between dementia and normal aging.

W.G. Johnson Centre Thursday, November 10th, 2011 from 1 - 2:30 PM

Allan Reuter Centre Thursday, November 17th, 2011 from 1 - 2:30 PM

David Durward Centre Thursday, November 24th, 2011 from 1- 2:30 PM